

## Y5 Camp – Kit List

- You will need to bring your own personal equipment to camp (the following list is a guide).
- Pack your own bag so you know what you've got and where it is.
- Try to get everything into one bag; attach anything that doesn't fit to the bag.
- Keep everything you're not using in your bag at all times while at camp.
- Ideally, put your name on everything.

Rucksack or kit bag (big enough to carry everything)	
Sleeping bag	
Pillow (or cushion)	
Roll mat (foam or air filled)	
Clothes (a change of clothes, warm sweater, something to sleep in; it gets cold at night)	
Bin bag or carrier bags (to keep clothes dry or to put wet/dirty clothes in)	
Hike boots, strong shoes or trainers	
Waterproof coat (& trousers if possible)	
Sun hat or cap	
Wash kit (toothbrush, toothpaste, soap)	
Towel	
Hankies/tissues	
Suncream	
Insect repellent	
Torch	
Plate, bowl, mug	
Water bottle	
Knife, fork, spoon	
Tea towel	
Cuddly friend (optional)	

## Medication

Any medication that your child needs to bring on the trip (Inhalers, epi-pens, creams, multi-vitamins, paracetamol, antihistamines etc.) **MUST** be handed in to the office on the morning of the trip with a completed medicine form.

## Please do not bring:

money, fizzy drinks, chewing gum, chocolate, mobile phone, electronic games or cameras.